



How To Maintain Facial Volume As You Age

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Surgical Procedures to Restore Facial Volume

As Dr. Paul explains, “the best procedures for facial aging target the underlying problem.” For many, that means surgery. “A surgical procedure offers a long-term result,” says **Melissa Doft, MD**, a double board certified plastic and reconstructive surgeon in NYC. In addition to the lack of maintenance, Dr. Doft notes that more invasive treatments allow you to “correct” problems like “bulging fat, sagging fat, and lack of a prominent jaw” versus simply “camouflaging” them. With that in mind, below are some of the effective surgical options to consider when trying to restore facial volume:

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